

27th March 2020

Hello Year 10

I hope that you and your families are all safe and healthy. This has been an extremely hard time for us all, and in true Year 10 fashion you have all shown great resilience in keeping on, carrying on. This is a particularly difficult period for all of you, as you are now half way through your GCSEs. That is why it is really important for you all to remember, that all the school work that you are now doing at home, is supporting you in preparation for your GCSEs. You must check Show My Homework regularly and as far as possible, follow your normal school timetable in completing the work set by your teachers on line. We are checking that you are doing this work. Please use this time wisely and keep on top of your studies.

Remember that at home you can also play your part in supporting your family. Help out where you can. Try your best to stick to a routine. Make sure you go to bed at a reasonable time and get up early to do your school work. Above all be kind to those around you and make time to have fun together. Also remember to follow the advice from the government and stay at home. I hope to see you all very soon. If you have any questions or concerns please contact myself, Ms Taylor or your subject teachers, using your school email.

Mr King has set Year 10 an additional keep fit challenge. He will give £20 to the first person who can complete the Royal Marines Commando press-up and sit-up test, together with a five-minute plank! Details are below. So please build in time to your routine for your training to take on 'The King's Keep fit Challenge!'

<https://www.youtube.com/watch?v=u6e467XW0Sw>

<https://www.youtube.com/watch?v=LewMQowkkg>

E. Karadal

Mrs E Karadal
Head of Year 10