

KS4 Physical Education / Sport BTEC Curriculum Maps 2021-2022

Year 10

	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
BTEC Firsts Sport (2018)	Unit 1 Fitness for Sport and Exercise Exam based			Unit 5 The Sports Performer in Action		

Year 11

	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
BTEC Firsts Sport (2018)	Unit 5 The Sports Performer in Action	Unit 2 Practical Performance in Sport	Unit 1 Fitness for Sport and Exercise Exam based preparation for exam re sit (recovery curriculum)	Unit 2 Practical Performance in Sport Unit 3 Applying the principles of personal training	Unit 3 Applying the principles of personal training	Unit 3 Applying the principles of personal training