

WEEKLY

MENU

Raynes Park High School - Week Three



Monday

Beef Keema with Lime and Coriander served with Turmeric Rice

Roast Vegetables with Quorn, Tortilla Wrap served with Mixed Salad

Jacket Potatoes with a Choice of Fillings

Cherry and Coconut Cookie

Tuesday

Spanish Style Chicken served with Patatas Bravas

Creamy Kale and Mushroom Pasta Bake

Jacket Potatoes with a Choice of Fillings

Summer Berry Crumble with Vanilla Ice-Cream

Wednesday

Barbecue Chicken Thigh with Vegetable Rice

Tomato and Courgette Risotto

Jacket Potatoes with a Choice of Fillings

Carrot Cake with a Cream Cheese Frosting

Thursday

Moroccan Style Minced Lamb Tagine served with Couscous

Cauliflower and Broccoli Cheese served with Home Made Bread

Jacket Potatoes with a Choice of Fillings

Apple Turnovers

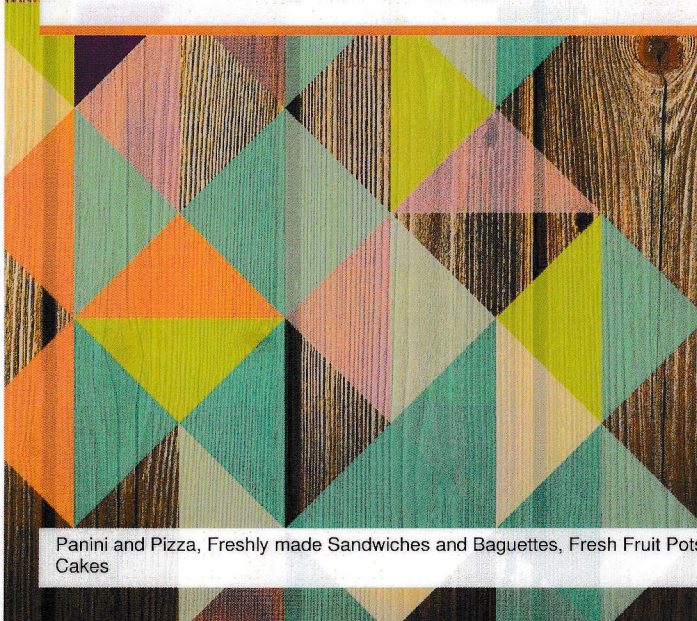
Friday

Breaded Fish served with Chips

Margherita Pizza served with Chips

Jacket Potatoes with a Choice of Fillings

Lemon Drizzle Cake



Panini and Pizza, Freshly made Sandwiches and Baguettes, Fresh Fruit Pots, Yoghurt and Dessert Pots, Pasta Pots, Home Made Cakes