

Statement of Intent

RSHE (relationships, sexual/social, health, education) is a core curriculum taught across all KS3 year groups. The spiralling RSHE curriculum aims to develop the knowledge and skills necessary to promote of safe, healthy and fulfilling lifestyles. To develop an understanding of what makes healthy and respectful relationships and know how different behaviours and attitudes towards relationships can cause harm. It aims to develop an understanding of complex social and political issues that exist in the world and encourages active participation in British society and the wider world. Different world religions are also covered within this curriculum, which represents our students and promotes tolerance and understanding between students. Inclusion and diversity are embedded into the curriculum to encourage respect and empathy.

Key Stage 3 Curriculum

Year 7,8 and 9 classes study RSHE once per week and cover a variety of topics whilst also developing a variety of skills. Students will develop critical thinking, communication and reflective practice whilst getting a better awareness of the diversity of the UK and the world.

Students are not formally assessed by exams on their learning or progress, however teachers review student work each half term to identify any specific pastoral or safeguarding comments that may feature in students work. Students also partake in an end of unit reflection after each unit which teachers are expected to mark with a LEARN grade, primarily based on effort. Presentation and literacy is also a focus when feeding back to students to develop a diverse set of skills.

Homework is optional for this subject at KS3 but is set weekly with details entered on Satchel One.

Extended Learning

Currently we offer:

- Drop down days on a variety of topics, dependent on the year group including: British Values, mental health, politics and consent.
- Trips to religious monuments and places of worship
- Mental health drop KS3 Science club that includes practical work that does not normally fit into the classroom
- External speakers from a variety of different companies and charities, e.g. St Giles and Spectra.
- LGBTQIA+ Club at KS3, KS4 and KS5
- Academic journals and articles on issues raised in RSHE

To support extended learning, parents could

- encourage conversations around the curriculum and what is being taught
- encourage students to remain up to date on global news and issues through newspapers, articles or watching the news.
- encourage students to watch documentaries
- read books with a RSHE theme