

Statement of Intent

The Physical Education and Dance programme is designed to support, contribute to and complement the overall aims of the school. The department aims to provide an enjoyable, challenging and balanced programme, giving all students the opportunity to develop control over their bodies, to learn and develop new skills and to experience a variety of situations which require problem-solving skills, as well as sports leadership.

The department aims for the development of self-confidence and self-esteem through challenging, differentiated schemes of work, to encourage pupils to work together in a spirit of co-operation and to appreciate and respect strengths and weaknesses in self and others.

The department place great emphasis on a holistic approach to developing the physical literacy of all our pupils, creating lifelong skills that permit the person to read their environment and make appropriate decisions, allowing them to move confidently and with control in a wide range of physical activity situations.

Key Stage 3 Curriculum

Students have two hours of PE across the academic week where they experience a wide range of sports, including invasion games, net and wall, striking and fielding, and fitness. In year 7, the students are assessed and placed into ability sets to enable suitability of provision. Students experience one hour of Dance per week in a term, rotating with Drama and Music.

Key Stage 4 Curriculum

In Physical Education, the students complete the BTEC First Level 2 Sport qualification. Over two years, the students complete four units of study, one of which is examination based. Students are given the opportunity to undertake leadership and coaching as well as receiving exposure to the fitness industry.

Dance students undertake the BTEC Tech Award in Performing Arts. Students complete three components over the two years which include exploration of Dance, developing skills and techniques in Dance and finally, responding to a brief which is a synoptic, external assessment.

The three components focus on the assessment of knowledge, skills and practices. These are all essential to developing a basis for progression and, therefore, learners need to achieve all components in order to achieve the qualification. The components are interrelated, and they are best seen as part of an integrated whole rather than as totally distinct study areas.

Key Stage 5 Curriculum

Students follow the OCR Cambridge Technical Level 3 qualification. Students can choose to undertake the extended certificate pathway (equivalent to one A-Level) or the diploma (equivalent to two A-Levels). Students complete units related to sports coaching and leadership which includes a combination of internal and external assessment. Units include Sports Coaching, Exercise for Specific Groups, Performance Analysis and Sport Psychology.

Extended Learning

What we offer to extend the learning of our students

We are extremely proud of our co-curricular programme which offers opportunities to participate for enjoyment or to further develop skills in individual and team activities. Pupils are encouraged to participate in fixtures against other schools and Raynes Park has achieved an excellent reputation at local, County and National levels in a range of different activities.

What parents can do to support extended learning in this subject

Promote fitness and well-being at home by encouraging children to reflect upon their own levels of fitness and health. Find opportunities to go and see sporting and dance events in the local area.