

L4L Curriculum Maps 2020-2021

Key Stage 3

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	World Religions (part 1) Transition lessons (linked to letters of the lighthouse) 6 main world religions Christianity beliefs & practices Islam beliefs & practices False preachers	Lifestyle Choices Keeping a balanced diet Consequences of an unhealthy life Being active & exercise Food labels Energy drinks Personal Hygiene & puberty	Healthy Relationships (part 1) Recognising unhealthy relationships Love & control Domestic abuse/violence Unwanted attention Drugs & Alcohol	Risk of harm (them & us) Physical harm Psychological harm Online abuse How to protect others	Our Society - Democracy Meaning of democracy The government Voting Parliament & law making Political parties Councillors & MPs	Kindness & our thoughts (them & us) Careers The power of our minds Controlling our thoughts Self esteem Esteeming others Keeping a healthy mind Careers
8	Respect (them & us) Careers Respecting others How to disagree How to debate How to be different How to speak up Careers	Relationship & Sex Education (part 1) Puberty Periods Relationships Sex & Conception Contraception Teen Pregnancy	Mental Health (part 1) Anxiety Body image Resilience Stress Self-esteem Self-confidence Making choices	Our society - Values British Values Citizenship Tolerance Monarchy Criminal justice system The Court system	World Religions (part 2) Buddhism Sikhism Cults & religious leaders Religious Festivals Religious Pilgrimage	Acts of Kindness (them & us) Harmful actions Cyber bullying Power of words Developing empathy Recovering from harm
9	Our society - Crime & Punishment Young offenders Knife crime Acid attacks Anti-social behaviour Radicalisation & Extremism	Healthy Relationships (part 2) Family types Conflict Domestic abuse Forced marriage Friendships Break ups	Relationship & Sex Education (part 2) Consent FGM LGBT Pornography	Mental Health (part 2) Self-harm Social Anxiety Eating disorders Grief Suicide	First Give • First Give planning	First Give Careers First Give presentation Careers

