

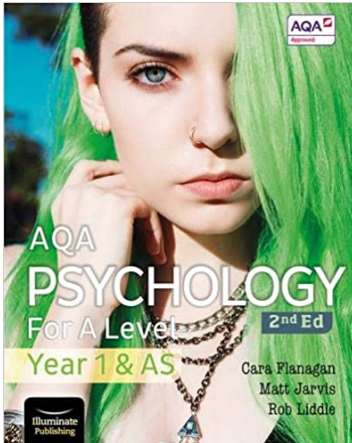
**RAYNES**  
PARK SIXTH FORM

# **Psychology Transition Booklet**

## Psychology A-Level: Pre Study Information.

Please work through the following tasks to prepare you for September. This will need to be submitted in the first lesson.

You will need to purchase the first of the two text books required for the course:

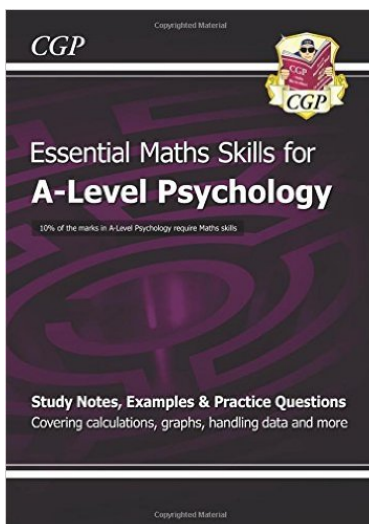


1. *AQA Psychology for A-Level Year 1 & AS 2<sup>nd</sup> Edition Student Book*

ISBN: **978-1912820429**

Approx £26 (may be cheaper on Amazon)

*Additionally, students may also purchase the Essential Maths Skills book for A-Level Psychology:*



2. *CGP Essential Maths Skills for A-Level Psychology*

ISBN: 978-1847623249

Max cost £5.00 (may be cheaper on Amazon)

# Psychology A-Level: Summer Transition Work

**Research the five main approaches in Psychology.**

1. Behaviourist
2. Cognitive
3. Biological
4. Psychodynamic
5. Humanistic

**For each approach, answer these key questions:**

- Who is/are the founder(s) of this approach? Include a short biography for each researcher.
- Which key studies or case studies provide support for this approach? For each study include the:
  - Aim of study
  - Method
  - Findings & conclusion
  - Evaluation of study
- What are the limitations to this approach?

## **Useful Starting Points**

Summarised information and interesting perspectives on the different approaches in Psychology

### **Summary**

Overview of the approaches in Psychology:

- <http://www.simplypsychology.org/a-level-approaches.html>

## **Podcasts**

### Behaviourist Approach

- BF Skinner and Superstition in the Pigeon
- <http://www.bbc.co.uk/programmes/b0639gxq>

### Cognitive Approach

- Sir Frederic Bartlett – The War of the Ghosts
- <http://www.bbc.co.uk/programmes/p00f8n47>

### Biological Approach

- The Man with a Hole in His Head
- <http://www.bbc.co.uk/programmes/b00bccq>

### Humanistic Approach

- Abraham Maslow and the Hierarchy of Needs
- <http://www.bbc.co.uk/programmes/b01rw8mw>

## **Key Psychological Studies**

Use the following links to read the studies, most of which you will be learning about in your course.

For each of the five studies listed below summarise the following in 100-150 words:

- Background and Aim(s)
- Method (procedure and details of the sample)
- Results (this could be written or included on a graph – as long as you explain your graph)
- Conclusion(s)

This information is called 'AO1'. It is all about describing or outlining something. This may be describing a study, an explanation or a model.

This element of the question will begin.... AO1 = Describe, Identify, Outline etc.

- 1) <https://simplypsychology.org/milgram.html> - Milgram
- 2) <https://www.simplypsychology.org/zimbardo.html> - Zimbardo
- 3) [https://www.canonsociaalwerk.eu/1971\\_stigma/1973%20Rosenhan%20Being%20sane%20in%20insane%20places%20OCR.pdf](https://www.canonsociaalwerk.eu/1971_stigma/1973%20Rosenhan%20Being%20sane%20in%20insane%20places%20OCR.pdf) – Rosenhan
- 4) <https://www.simplypsychology.org/loftus-palmer.html> - Loftus and Palmer
- 5) <https://www.simplypsychology.org/mary-ainsworth.html> - Ainsworth
- 6) <http://www.holah.karoo.net/rainestudy.htm> - Raine

#### Key Research Quiz

- 1) How many participants were there in Milgram's study?
  - a) 20
  - b) 40
  - c) 50
  - d) 60
- 2) How long (range and mean) were pseudo patients admitted to the hospitals for?
  - a) 7-52 (19 day mean)
  - b) 8-52 (18 day mean)
  - c) 9-48 (19 day mean)
  - d) 7-53 (19 day mean)
- 3) What was the speed estimate when the verb 'smashed' was used?
  - a) 40.6mph

- b) 48.1mph
  - c) 40.8mph
  - d) 41.8mph
- 4) What role did Zimbardo play in the Stamford prison experiment?
- a) A guard
  - b) A prisoner
  - c) A warden
  - d) The chief superintendent
- 5) How were the prisoners for Zimbardo's study 'collected'?
- a) Arrested at home and handcuffed by police officer
  - b) Arrested at home by Zimbardo
  - c) They made their own way to Stamford University for the experiment
  - d) Arrested at home by the guards in the study

### Reading List

The following books relate closely to the study of Psychology. Using the internet or your local library read a selection of books/articles listed below.

This task should take you ten hours. Therefore you may wish to choose to read one-two books within that time or several articles. Summarise your findings in 50-100 words and suggest ways in which your chosen books/articles relate to the field of Psychology.

#### Books:

- *Friend Request*, 2018 by Laura Marshall
- *Born Evil*, 2018 by Julia Derek
- *Lies*, 2017 by T.M. Logan
- *Good Me Bad Me*, 2017 by Ali Land
- *Selfie: How the West Became Self-Obsessed*, 2018 by Will Storr
- *The Lucifer Effect: How Good People Turn Evil*, 2008 by Philip Zimbardo
- *How to Survive the End of the World*, 2018 by Aaron Gillies

## Articles:

- <https://www.psychologytoday.com/gb/blog/finding-new-home/201806/why-do-some-songs-become-popular>
- <https://www.psychologytoday.com/gb/blog/finding-new-home/201805/narcissistic-eyebrows>
- <https://www.psychologytoday.com/gb/blog/modern-mentality/201806/sadness-does-not-discriminate-reflecting-kate-spade>
- <https://www.psychologytoday.com/gb/blog/when-your-adult-child-breaks-your-heart/201805/are-children-overprescribed-psychiatric>
- <https://www.psychologytoday.com/gb/blog/finding-new-home/201805/new-research-does-watching-tv-make-us-unhappy>

## IV Ted Talks/Documentaries/You Tube Clips

Watch at least five of the video clips below and summarise the findings of each in 50-100 words

- 1) [https://www.ted.com/talks/petter\\_johansson\\_do\\_you\\_really\\_know\\_why\\_you\\_do\\_what\\_you\\_do](https://www.ted.com/talks/petter_johansson_do_you_really_know_why_you_do_what_you_do)
- 2) [https://www.ted.com/talks/laurel\\_braitman\\_depressed\\_dogs\\_cats\\_with OCD\\_what\\_animal\\_madness\\_means\\_for\\_us\\_humans](https://www.ted.com/talks/laurel_braitman_depressed_dogs_cats_with OCD_what_animal_madness_means_for_us_humans)
- 3) [https://www.ted.com/talks/elizabeth\\_loftus\\_the\\_fiction\\_of\\_memory](https://www.ted.com/talks/elizabeth_loftus_the_fiction_of_memory)
- 4) [https://www.ted.com/talks/scott\\_fraser\\_the\\_problem\\_with\\_eyewitness\\_testimony](https://www.ted.com/talks/scott_fraser_the_problem_with_eyewitness_testimony)
- 5) [https://www.ted.com/talks/steven\\_pinker\\_chalks\\_it\\_up\\_to\\_the\\_blank\\_slate](https://www.ted.com/talks/steven_pinker_chalks_it_up_to_the_blank_slate)
- 6) [https://www.ted.com/talks/philip\\_zimbardo\\_on\\_the\\_psychology\\_of\\_evil](https://www.ted.com/talks/philip_zimbardo_on_the_psychology_of_evil)
- 7) [https://www.ted.com/talks/ben\\_ambridge\\_10\\_myths\\_about\\_psychology\\_debunked](https://www.ted.com/talks/ben_ambridge_10_myths_about_psychology_debunked)

- 8) [https://www.youtube.com/watch?v=yT\\_F0dMZRU](https://www.youtube.com/watch?v=yT_F0dMZRU) (Part 1)  
<https://www.youtube.com/watch?v=B3rHTm1YLxA> (part 2) – Stephen Fry - The Secret Life Of The Manic Depressive. BBC
- 9) <https://www.youtube.com/watch?v=5XFjLdNO4FU> – The Nurture room – child psychology

### Exam Style Questions

This activity is designed to recap on what you have learnt throughout this booklet. Consider each of the following a 'four mark' question and aim to write 50-100 words for each answer.

- 1) Outline the nature/nurture debate

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- 2) Describe Milgram's research

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- 3) Outline two findings from Zimbardo's research

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- 4) Describe one strength and one weakness of Rosenhan's research

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- 5) Outline two ethical issues from Loftus and Palmer's research



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