

Statement of Intent

Learning for Life (L4L) incorporates the subjects of RSE, citizenship, careers, PSHE, and RE. The subject is designed to promote our students' personal, social and emotional well-being and development. It helps to equip them with the knowledge and skills they will need to lead healthy, confident and independent lives. It is important in combatting the social exclusion and disaffection experienced by too many young people. The subject includes material designed to give students a deeper understanding and appreciation of British values and to develop their critical and analytical skills, as well as their resilience to prejudice, discrimination or extremist views. PSHE is taught through allocated time in tutor time, and through assemblies and drop down days.

Key Stage 3 Curriculum

Learning 4 Life is a timetabled lesson for years 7, 8 and 9 for one hour a week. PSHE is also taught through allocated time in tutor time, assemblies and drop down days. There is no formal assessment for the subject, but students and teachers will track progress through end of unit reflections.

Key Stage 4 Curriculum

PSHE themes are taught through allocated time in tutor time, assemblies and drop down days.

Extended Learning

What we offer to extend the learning of our students

Learning for Life themes of citizenship and PSHE are embedded within many extra-curricular events at Raynes Park High School. This includes clubs based around equality and social action. Students have the opportunity to take part in a wide range of community fundraising action within the school and on behalf of their houses. Examples include food donation drives, bake sales and collections for 'Jeans for Genes', 'Red Nose Day' and the Poppy Appeal. Students also have the chance to take a lead on campaigns through the First Give Programme and drop down sessions. At both key stages students will attend assemblies, take part in workshops and watch drama performances run by external agencies on PSHE topics.

What parents can do to support extended learning in this subject

Parents can encourage students to read widely and keep up to date with current affairs by watching the news and television shows such as Panorama and other documentaries. They could ensure that conversations are had at home about some of the topic areas in PSHE and what the students are learning e.g. mental health, online safety, or our voting system. Parents can also support students with getting involved in the school community and wider community, in terms of social action events and activities.

KS3 Curriculum Map

	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Year 7	World Religions (part 1) <ul style="list-style-type: none"> • Transition lessons (linked to letters of the lighthouse) • 6 main world religions • Christianity beliefs & practices • Islam beliefs & practices • False preachers 	Kindness & our thoughts (them & us) Careers <ul style="list-style-type: none"> • The power of our minds • Controlling our thoughts • Self esteem • Esteeming others • Keeping a healthy mind • Careers 	Lifestyle choices <ul style="list-style-type: none"> • Keeping a balanced diet • Consequences of an unhealthy life • Being active & exercise • Food labels • Energy drinks • Personal Hygiene & puberty 	Healthy Relationships (part 1) <ul style="list-style-type: none"> • Recognising unhealthy relationships • Love & control • Domestic abuse/violence • Unwanted attention • Drugs & Alcohol 	Risk of harm (them & us) <ul style="list-style-type: none"> • Physical harm • Psychological harm • Online abuse • How to protect others 	Our society - Democracy <ul style="list-style-type: none"> • Meaning of democracy • The government • Voting • Parliament & law making • Political parties • Councillors & MPs
Year 8	Relationship & Sex Education (part 1) <ul style="list-style-type: none"> • Puberty • Periods • Relationships • Sex & Conception • Contraception • Teen Pregnancy 	Respect (them & us) Careers <ul style="list-style-type: none"> • Respecting others • How to disagree • How to debate • How to be different • How to speak up • Careers 	Mental Health (part 1) <ul style="list-style-type: none"> • Anxiety • Body image • Resilience • Stress • Self-esteem • Self-confidence • Making choices 	Acts of Kindness (them & us) <ul style="list-style-type: none"> • Harmful actions • Cyber bullying • Power of words • Developing empathy • Recovering from harm 	World Religions (part 2) <ul style="list-style-type: none"> • Buddhism • Sikhism • Cults & religious leaders • Religious Festivals • Religious Pilgrimage 	Our society - Values <ul style="list-style-type: none"> • British Values • Citizenship • Tolerance • Monarchy • Criminal justice system • The Court system
Year 9	Mental Health (part 2) <ul style="list-style-type: none"> • Self harm • Social Anxiety • Eating disorders • Grief • Suicide 	Healthy Relationships (part 2) <ul style="list-style-type: none"> • Family types • Conflict • Domestic abuse • Forced marriage • Friendships • Break ups 	First Give <ul style="list-style-type: none"> • First Give planning 	First Give Careers <ul style="list-style-type: none"> • First Give presentation • Careers 	Relationships & Sex Education (part 2) <ul style="list-style-type: none"> • Consent • FGM • LGBT • Pornography 	Our society - Crime & Punishment <ul style="list-style-type: none"> • Young offenders • Knife crime • Acid attacks • Anti-social behaviour • Radicalisation & Extremism