

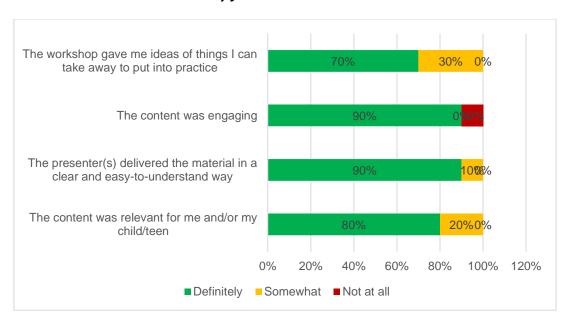
# Education Wellbeing Service Parent Webinar Series – what did parents say?

Session title: Social Media and Gaming – What Parents Need to Know

Session dates: Tuesday 6th & Wednesday 7th of February 2024

Total webinar signups: 414

## Parents were asked to rate how they felt about the statements below:



Parents would recommend this and similar webinars to others?

\*90% of Parents who attended said they would recommend this or similar webinars to others

#### What parents said their main take aways were from the webinar:

Phone contract. Suggesting alternate activities, e.g. going out, bike rides, parks, etc. Modelling the behaviour I want to see, i.e. putting my phone/gadgets away

Do a like-for-like approach deal with my son

It was a great workshop

### What parents felt could be improved in the future:

#### Can't think of anything

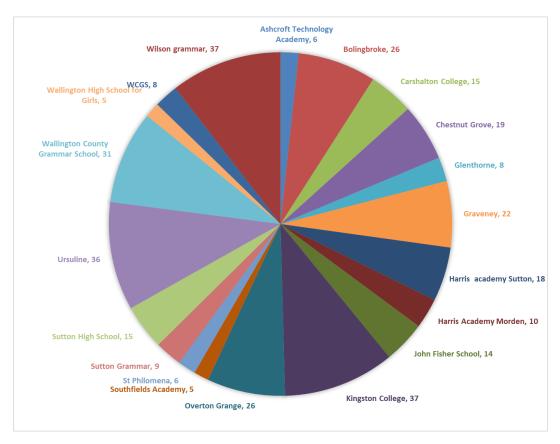
maybe break the workshop with parents' participation in smaller online breakout rooms, giving parents the chance to speak about their experiences with other parents, and then share their thoughts back with everyone afterward, adding to this more suggestions and findings from the NHS, including young people's experience, to find healthy solutions in the long run.

Not enough focus on the dangers & specifics around echo chambers and algorithms - po\*\*, se\*ploitation, misogyny, self harm, eating disorders etc. Could reference the call for the min age to be increased as evidence of the fact social media is for adults, could reference the online safety bill debate and the fact Tech CEOs being questioned before US Congress over alleged harms to young users on their platforms - this is all happening right now.

## Signups by school (schools with under 5 signups)

Academy Bolingbroke	St. Mark's Academy	Coombe Boys
Ark Putney Academy	STARS	Ricards lodge
CHSG	Sutton Harris academy	Nonsuch
Corinne Cohen	The Beacon School	Wimbledon College
Creative Industries Kingston College	The Link	
Ernest Bevin	Carew	Raynes Park High School
Farida Shehmametyeva	Cheam High	Richmond College
Greenshaw High School	Harris academy Battersea	Saint John Bosco
HASU	Morden Primary School	South Thames College

# Signups by school (schools with over 5 signups)



signups but low rate (5 or less parents):

If your school name is not on the above lists, none of your parents signed up to this webinar. Please advertise these free webinars as part of your Education Wellbeing Services to support parent wellbeing. Please speak to your Education Wellbeing Service Lead for support, advice or discussion.